

Unhealthy eating habits and inadequate nutritional guidance have led to an extraordinary obesity and diabetes epidemic in the workplace and school systems throughout America.

Statistics like these paint a bleak picture, the good news is that unhealthy dietary lifestyles leading to disease are highly preventable through a proper diet and exercise regimen. Vend Natural PA realizes that consumers choose convenience on occasion at the expense of health. There is a solution. Vend Natural PA has committed to increasing the availability of healthy foods, snacks and beverages in the most convenient way possible - through vending. Vend Natural PA wants to help the consumer make positive and significant changes in their diets and lifestyles, helping them become happier, healthier, better-performing individuals.

The majority of items in existing vending machines contribute to a variety of health issues namely, obesity, diabetes and heart disease, as well as behavioral issues such as hyperactivity, fatigue, and aggression in America. With healthier options, the consumer can obtain a healthier lifestyle with positive nutritional influences. Vend Natural, Inc of California has focused its distribution efforts on businesses interested in identifying opportunities for improved health and physical wellness vending within the school system and workplace. Vend Natural, Inc of California offers a nationwide solution by providing vending machines stocked with health foods, snacks and beverages.

Nutritionists say people in the workplace and the school systems are ready to embrace healthier choices in vending machines.

These are the facts:

- Over the past 30 years, the number of overweight children has doubled and the number of overweight teenagers has tripled.
- Diabetes prevalence increased by 33% in the in the past 20 years, due primarily to the increased number of overweight individuals
- Over 300,000 deaths per year are caused by poor nutrition and a lack of physical activity 1 out of 3 children born today will develop diabetes at some point in their lifetime if dietary trends continue as they are today.

Mr. Rudy Cislak, owner of Vend Natural PA, has taken the initiative to bring convenient nutrition to the PA school system and the response from the kids has been overwhelming. Due to the overwhelming success, more distributors will be added in the Northern Philly, Doylestown area. Both distributors will be ramping up their service for the 2008-2009 school year. There will be over 20 Vend Natural vending machines in Pennsylvania with another 40 vending machines

becoming available for use in August for the coming school year. Vend Natural is dedicated to working with all schools, YMCA's, colleges, gyms, hospitals, and businesses. Vend Natural is committed to offering only the highest quality products through our top of the line healthy vending machines currently found at the following locations:

Colonial School District - Plymouth Whitmarsh
 Cornerstone Gyms
 Milford Middle School - Quakertown School District
 Solebury School in New Hope
 Springfield High School - Springfield Township

For information regarding Distributorship:

Gil Sanchez -



Vend Natural, Inc. of California
 Cell: 310.592.5093
 Office: 310.880.8103
g.sanchez@vendnatural.com
www.VendNatural.com

For information regarding locations:

Rudy Cislak - Vend Natural PA
 Cell: 267-884-5814
vendnaturalpa@verizon.net
www.vendnaturalpa.com

